

Raise Wisely
**eMental Health
International
Symposium 2026**

Safer Digital Futures for the Next Generation



20-21 OCTOBER 2026
ADELAIDE, SOUTH AUSTRALIA
+ ONLINE



ONLINE TIME ZONES

GMT +10.30 Adelaide (AU, NZ, APAC)
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Where research, policy, practice, lived experience, and innovation
come together for safer digital futures.